

JOURNEY THROUGH THE BIBLE MY PLACE WITH JESUS KINDNESS CHALLENGE

ACTS OF KINDNESS

Return good for bad
Romans 12:17
1 Peter 3:9

Be courteous
Luke 6:35

Don't seek revenge
Matthew 5:44

Share something special with someone
Hebrews 13:16

Leave a happy note for someone else to find
Hebrews 10:24

Praise someone for their achievement
Ephesians 4:29

Let others go first
Proverbs 29:23
Matthew 20:16

Clean up someone else's mess
Proverbs 31:27

Carry something for someone
Galatians 6:10

Encourage someone
Acts 11:23
Psalm 94:19

Include others when playing
Luke 6:31

Be helpful
Matthew 5:16

Don't complain
Philippians 2:14

Find a way to make someone happy
1 John 3:18

Don't be jealous
Proverbs 14:30
Exodus 20:17

Do someone else's chore
Colossians 3:23

Tell the truth
Proverbs 15:23

Don't hold a grudge, forgive instead
Matthew 6:14

Tell someone that you appreciate them
Ephesians 4:32

Stand up for someone treated wrongly
Psalm 82:3

Be welcoming to a visitor
Acts 28:2

Say something nice about someone
Proverbs 16:13

Use kind words
Proverbs 16:24
Colossians 4:6

As you complete an activity, mark it off or place a sticker in the box. There are 25 suggestions as well as three boxes for you to add your own.

Don't limit yourself to doing only one act of kindness a day, doing them in order, or doing a certain act of kindness only once. Practice kindness all the time in different ways!